

Not sure what those PEGI ratings on games actually mean? Check out this handy guide from ParentZone.



Game is considered suitable for all ages. Comical violence.



May contain some frightening scenes. Violence is unrealistic and directed towards fantasy characters.



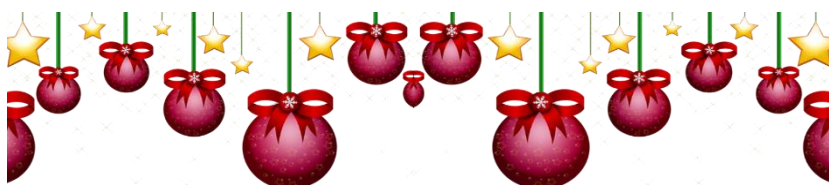
Slightly more realistic violence. Mild language used by characters. Sexual posturing and innuendo feature.



Violence towards human characters, including death. Sexual activity within game, but no visible nudity. Use of alcohol, drugs and tobacco by characters.



Adult classification. Violence, death and destruction within game. Characters may glamourise drugs, alcohol and crime and use expletives throughout.



Top tips for staying safe online at Christmas

- Learn your way around the tech
- Set boundaries- consider screen time, sleep times without device, set limits through your WiFi, parental controls and access

For more info click [HERE](#).



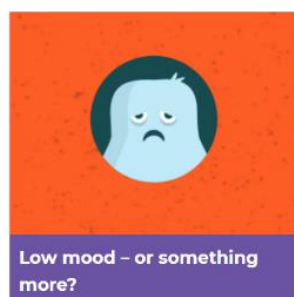
Parent Zone Ollee APP

Parent Zone recognises parents/carers are doing a great job in supporting their children's emotional wellbeing in these unprecedented times and believe parents/carers should have the best possible resources available and accessible.

What is Ollee? Ollee is a virtual friend for children aged 8-11, created by Parent Zone and aims to make a difference to children's emotional wellbeing. Funded by BBC Children in Need's A Million & Me initiative, Ollee is designed to help parents do something they do naturally and as a matter of course: support their children.

How does Ollee work? Ollee is designed to help children:

- reflect on how they feel
- process their experiences with support and help from their parents/carers
- offers advice about a range of subjects: family, friends, school and more



Giving a game or device this year? Check out these tips before the 25th.

- Open it and load any updates. Many games and devices require an initial upload. Save time on Christmas day by preloading any updates or large game files.
- Put in safety features. Check your WiFi and the device Parental Controls.
- Disable in app-purchasing and location services.
- Install any age appropriate apps/games that you feel your child will enjoy.

Check here for a useful [Set Up Safe](#), sheet to guide you from [internetmatters.org](#)





- Mrs Courtenay is the Designated Safeguarding Lead (DSL) in school.



- Mrs Yates and Mrs Gratton are the Deputy Designated Safeguarding Leads (DDSL)



- Mrs Baker is our school Governor with responsibility for safeguarding



- The school's website has further information for parents to understand how we safeguard children in school and how parents can support their child/children on learning to be safe - for example, *-NCSPA's Child Protection and Safeguarding Policy*



- information on - *Operation Encompass- this is a national programme which runs jointly between schools and police forces-* it ensures early reporting to schools that a child/young person has been exposed to domestic abuse



- *NSPCC website and specifically the NSPCC PANTS campaign* for helping children to understand how they keep themselves safe and the PANTS campaign helps parents to talk to children in an age appropriate way about keeping themselves safe from sexual abuse

- *risk of children/young people being abused and exploited- how to keep children safe*

***child abuse can take a range of different forms.** It is any action by another person (adult or child) that causes harm to a child. It can be defined as physical, emotional, sexual abuse or neglect.

***risk of harm to children/young people is also present in the community**, for example: online safety, cyberbullying, domestic violence and abuse, radicalisation and extremism, child trafficking and modern slavery, County Lines, female genital mutilation, gang activity

* **teaching children/young people about how to look after themselves and keep safe-** good physical, emotional and mental health and well-being; being aware of signs and symptoms that may indicate concern for a child; providing time to listen and talk, teaching children about how to keep themselves safe

Devon -

- **Devon Children and Families Partnership has online information for schools and parents** to understand how children may be abused, at risk of exploitation and how we can keep children safe <https://www.dcfp.org.uk/child-abuse/>
- **National organisations to support children;** for example, Childline, NSPCC



Childline <https://www.childline.org.uk/>

Children can speak to a counsellor by calling [0800 1111](tel:08001111) or via [1-2-1 chat](#) between 7.30am and 3.30am every day.

[Childline | Childline](#)

Get help and advice about a wide range of issues, call us on 0800 1111, talk to a counsellor online, send Childline an email or post on the message boards.

www.childline.org.uk



NSPCC

<https://www.nspcc.org.uk/>

Call us or email help@nspcc.org.uk.

[0808 800 5000](tel:08088005000)



[NSPCC | The UK children's charity | NSPCC](#)

The NSPCC is the UK's leading children's charity, preventing abuse and helping those affected to recover. Text CHILDHOOD to 70044 to donate £4.

www.nspcc.org.uk