

Week 1	DATES: 4/9 25/9 16/10 13/11 4/12 8/1 29/1				
	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Breaded Chicken Goujons G May Contain MUS/M/S/C	Minced Beef in Gravy	Roast Chicken & Stuffing G May Contain S	Ham & Cheese pizza M/G	Jumbo Breaded Cod Fishfinger F/G
Vegetarian	Chicken Free Nuggets S/G May Contain NUTS	Cheese, Onion & Bean Cous Cous Based Quiche G/M/E	Quorn Fillet with Tomato & Mixed Beans G	Cheese & Tomato Pizza M/G	Plant Based Fishfingers S/G
Served with	Egg Noodles E/G Broccoli or Cauliflower	Creamy Mashed Potato & Green Beans or Baked Beans	Roast Potatoes, Carrots & Gravy	Sweetcorn	Golden Fries, Peas & Tomato Sauce
Jacket Potato Served with	Baked Beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked Beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked Beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked Beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked Beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad
Sandwich Served with	Ham Baguette G May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Tuna Wrap G/E/F/MUS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Cheese Roll G/M May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Tuna Panini May contain SS G/MUS/E/F Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Egg Sandwich G/E/MUS/S Salad or Seasonal Vegetables. Sultanas, or Fruit wedge
Pudding	Fruit Meringue Nest E	Jam Sponge G/E Custard M	Toffee Cream Shortbread G/M	Arctic Roll E/S/M/G & Fruit	Lemon cookie E/G
Available Daily	Bread G/S , Salad Fresh Fruit, Yoghurt M Water/ Milk M				
	ALL MENU SUBJECT TO AVAILABILITY				

Week 2	DATES: 11/9 2/10 30/10 20/11 11/12 15/1 5/2				
	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken Wrap G with BBQ Sauce Dip (Optional)	Pork Sausage	Roast Gammon & Pineapple	Beef Lasagne (Minced beef, lentils, beef gravy, onions, tomatoes & herbs layered with a white sauce & lasagne sheet. Topped with cheese) G/M/F	Breaded Cod bites F/G
Vegetarian	Noodle & Bean Wrap (Mix of noodles, carrots, mushroom, peppers, onions & cheese in a wrap) M/G/E	Plant Based Vegan Sausage S/G May Contain NUTS	Sweet Potato, Mushroom, Cranberry & Bean Wellington G/M/MUS	BBQ Jack Fruit in a Bun G May Contain SS Served with Coleslaw	Mac & Cheese Croquettes M/G
Served with	Rice & Peas	Creamy Mashed Potato & Baked Beans or Green Beans	Roast Potatoes, Carrots, Cabbage & Gravy	Garlic Bread G/SS May Contain M Broccoli or Cauliflower	Golden Fries, Sweetcorn & Tomato Sauce
Jacket Potato Served with	Baked Beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked Beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked Beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked Beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked Beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad
Sandwich Served with	Ham Sandwich G/S Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Cheese Baguette G/M May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Tuna Roll F/E/G/MUS May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Ham & Tomato Panini G May contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Bean Salad Wrap G/M Salad or Seasonal Vegetables. Sultanas, or Fruit wedge
Pudding	Peaches & Custard M	Chocolate Sponge G/E	Rice Pudding M & Fruit	Frozen Yoghurt M & Fruit	Custard Biscuits G
Available Daily	Bread G/S , Salad Fresh Fruit, Yoghurt M Water/ Milk M				
	ALL MENU SUBJECT TO AVAILABILITY				

Week 3	DATES: 18/9 9/10 6/11 27/11 1/1 22/1				
	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Bacon, Egg E, Baked Beans, Mushrooms, Toast G/S	Chicken Pasta G/M	Roast Beef Yorkshire Pudding E/M/G	Gammon Swirls (Puff pastry swirls filled with herby Tomato sauce, cheese & gammon) G/M	Breaded Salmon Bites F/G
Vegetarian	Plant Based Bacon S, Egg E, Baked Beans, Mushrooms, Toast G/S	Pesto Pasta G/M	Cauliflower, Broccoli & Bean Bake G/M/MUS	Cheese & Onion flaky pastry Slice M/G/MUS/S May contain NUTS	Vegetable Fingers G
Served with	Plum Tomatoes	Crusty Bread G May Contain SS Green Beans or Baby Corn	Roast Potatoes, Carrots & Gravy	Pasta G Peas	Golden Fries, Sweetcorn & Tomato Sauce
Jacket Potato Served with	Baked Beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked Beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked Beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked Beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked Beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad
Sandwich Served with	Cheese Wrap G/M Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Ham Sandwich G/S Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Cheese & Tomato Panini G/M May contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Tuna Baguette G/E/MUS/F May contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Egg Roll MUS/E/G May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge
Pudding	Fruit Crumble G & Custard M	Chocolate Cracknell M/G & Fruit	Flapjack G & Custard M	Ice Cream & Fruit	Chocolate cookie E/G
Available Daily	Bread G/S, Salad Fresh Fruit, Yoghurt M Water/ Milk M				
	ALL MENU SUBJECT TO AVAILABILITY				

Allergen Groups: **C**- Celery, **G**- Cereals Contain Gluten, **CRUS**- Crustaceans, **E**- Eggs, **F**- Fish, **L**- Lupin, **M**- Milk, **MOL**- Molluscs, **MUS** – Mustard, **N**- Nuts, **P**- Peanuts, **SS**- Sesame Seeds, **S**- Soya, **SD**- Sulphites

The kitchen does not use nuts, nut oils or nut containing products in the preparation of food; but we cannot guarantee that the source of manufacture is completely nut free.

If your child has an allergy, please contact the school office via admin@newportprimary.devon.sch.uk

Payment - £2.50 per meal: For year 3-6 and in the Nursery for dinners are made in advance, through My child at school. You will get automatic reminders when your dinner balance goes below £0.00. All dinner payments to be made electronically.

- Our school dinners are made fresh on-site using ingredients from John Patt's greengrocers, our fresh meat is supplied by Phillip Dennis butchers and ambient and other food by Savona.
- We use a mixture of wholegrain and white pasta and rice. Our biscuits, cakes and pizza bases contain a mix of wholemeal and white flour. No added salt is used in any of our recipes we use herbs, spices, garlic & Vegetables to add flavour. Our bread where possible is 50/50.
- Baked beans are low salt and sugar
- We use Mature cheddar in our recipes so use less but keep the flavour
- The menu is on the school website, please also keep an eye on your weekly newsletters for any updates or menu changes for the week ahead.

During morning register, children are able to choose the option they would like for lunch so if you have a preference on what meal you would like your child to receive we would encourage you to talk this through with your child before school.

Free School Meals

All children in Reception, Year 1 and 2 are entitled to free school meals – this is known as **Universal Free School Meals**. If your child is in Reception, Year 1 or 2 and you receive one of the qualifying benefits below, you should still make an application as this gives the school additional pupil premium funding to support learning.

If you receive any of the following you are entitled to free school meals: (please make an application even if you do not take up the offer of the free school meal.)

Please note, that during the February half term holiday, those that qualify for Free School Meals will also benefit from a Free School Meal Voucher.

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods).
- Income Support (IS).
- Income-based Jobseekers Allowance (IBJSA).
- Income-related Employment and Support Allowance (IRESA).
- The guaranteed element of State Pension Credit.
- Support under Part VI of the Immigration and Asylum Act 1999.

- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income as assessed by Her Majesty's Revenue and Customs, that does not exceed £16,190).
- Working Tax Credit run-on (the payment you get for a further 4 weeks after you stop qualifying for Working Tax Credit).

How to apply:

Apply through the [Devon Citizens Portal](#). This is the quickest and easiest way to apply and will result in you getting an instant decision.

Alternatively, call the Education Helpline on: 0345 155 1019