

Week 1	DATES:1/9 22/9 13/10 10/11 1/12 5/1 26/1				
	Allergen Groups: C- Celery, G- Cereals Contain Gluten, CRUS- Crustaceans, E- Eggs, F- Fish, L- Lupin, M- Milk, MOL- Molluscs, MUS – Mustard, N-Nuts, P- Peanuts, SS- Sesame Seeds, S- Soya, SD- Sulphites				
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Beef & Turkey Macaroni Cheese (Beef & Turkey in a creamy cheese sauce with macaroni) G/M/MUS	Gammon	Sausage	Chicken wrap G BBQ sauce (Optional)	White Fish G/F
Option 2	Pesto Pasta G/M/SD	Cauliflower, Broccoli & Bean Bake M/G/MUS	Plant Based Vegan Sausage S/G	Vegetable Chilli E/G	Cauliflower bites
Option 3	Ham Sandwich G/S	Tuna Bap G/E/F/MUS May Contain SS	Salmon goujons wrap G/F	Cheese & Tomato Muffin Pizza M/G/S	Egg Sandwich MUS/E/G/S
Option 4	Jacket Potato & Choice of Filling Baked beans, Cheese M or Tuna E/MUS/F Mixed Vegetables or Salad	Jacket Potato & Choice of Filling Baked beans, Cheese M or Tuna E/MUS/F Green Beans or Salad	Jacket Potato & Choice of Filling Baked beans, Cheese M or Tuna E/MUS/F Carrots or Broccoli or Salad	Jacket Potato & Choice of Filling Baked beans, Cheese M or Tuna E/MUS/F Peas or Salad	Jacket Potato & Choice of Filling Baked beans, Cheese M or Tuna E/MUS/F Sweetcorn or Salad
Served with	Garlic Bread G May Contain M, Mixed Vegetables or Salad	Baby Potatoes, Baked beans, Green Beans or Salad	Roast Potatoes, Carrots, Broccoli, or Salad	Rice, Peas, or Salad	Chips, Sweetcorn or Salad & Tomato Sauce
Pudding	Shortbread G	Pancake G May Contain E/M & Fruit	Peaches & Custard M	Chocolate Cracknell M/G	Ginger Cookie G/E
Available Daily	Bread G/S, Salad Fresh Fruit, Yoghurt M Water/ Milk M				
	ALL MENU SUBJECT TO AVAILABILITY				

Week 2	DATES: 8/9 29/9 20/10 17/11 8/12 12/1 2/2				
	Allergen Groups: C- Celery, G- Cereals Contain Gluten, CRUS- Crustaceans, E- Eggs, F- Fish, L- Lupin, M- Milk, MOL- Molluscs, MUS – Mustard, N-Nuts, P- Peanuts, SS- Sesame Seeds, S- Soya, SD- Sulphites				
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken Pasta (Chicken in a creamy cheese sauce with pasta) M/G/MUS	Cottage Pie Topped with Sliced Potato & Cheese M	Breaded Chicken Goujons G May Contain MUS/M/S/C/E/CRUS/SS	Ham & Cheese Pizza M/G	Breaded Cod fillets F/G
Option 2	Falafel in Herby Tomato Sauce G & Pasta G	Vegetable Pie Topped with Sliced Potato & Cheese M/E/G	Chicken Free Nuggets S/G	Cheese pizza M/G	Noodle and Bean Wrap (Mix of noodles, beans, carrots, mushroom, peppers, onions & cheese in a wrap) M/G/E
Option 3	Ham & Tomato Panini G May Contain SS	Pork Sausage Roll G/M	Egg Baguette E/G/MUS May Contain SS	Tuna Sandwich G/E/F/MUS/S	Cheese Bap G/M May Contain SS
Option 4	Jacket Potato & Choice of Filling Baked beans, Cheese M or Tuna E/MUS/F Carrots or Salad	Jacket Potato & Choice of Filling Baked beans, Cheese M or Tuna E/MUS/F Mixed Vegetables or Salad	Jacket Potato & Choice of Filling Baked beans, Cheese M or Tuna E/MUS/F Green Beans or Salad	Jacket Potato & Choice of Filling Baked beans, Cheese M or Tuna E/MUS/F Sweetcorn or Salad	Jacket Potato & Choice of Filling Baked beans, Cheese M or Tuna E/MUS/F Peas or Salad
Served with	Crusty Bread G May Contain SS, Carrots or Salad	Mixed veg or Salad	Diced Potatoes G, Baked Beans, Green Beans or Salad	Cous Cous G, Sweetcorn or Salad	Chips, Peas, or Salad & Tomato Sauce
Pudding	Iced Sponge G/E	Apple & Raspberry Crumble G & Custard M	Waffle E/G/S May Contain M & Sauce S/M	Ice cream M & Fruit	Chocolate Cookie G
Available Daily	Bread G/S, Salad Fresh Fruit, Yoghurt M Water/ Milk M				
	ALL MENU SUBJECT TO AVAILABILITY				

Week 3	DATES: 15/9 6/10 3/11 24/11 15/12 19/1 9/2				
	Allergen Groups: C- Celery, G- Cereals Contain Gluten, CRUS- Crustaceans, E- Eggs, F- Fish, L- Lupin, M- Milk, MOL- Molluscs, MUS – Mustard, N-Nuts, P- Peanuts, SS- Sesame Seeds, S- Soya, SD- Sulphites				
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pork Meatballs G/S May Contain E/M/MUS/SD/C In Tomato Sauce	Sausage & Egg E	Roast Chicken & Stuffing G	Beef Bolognaise (Minced beef, garlic, tomatoes, lentils, onions, herbs, Worcester sauce & gravy) F	Fishfingers F/G
Option 2	Plant Based Fishfingers G/S	Plant Based Vegan Sausage S/G & Egg E	Vegetarian Roast (Stuffing mix with onions, carrots, cheese, breadcrumbs, egg & herbs in puff pastry) S/E/G/M	Vegetable Bolognaise (Quorn mince, garlic, tomatoes, lentils, onions, herbs, vegetable bouillon & gravy) E/G	BBQ strips G/S
Option 3	Tuna Wrap F/E/G/MUS	Cheese Baguette G/M May Contain SS	Ham Sandwich G/S	Vegan Sausage Roll G	Egg Bap G/E/MUS May Contain SS
Option 4	Jacket Potato & Choice of Filling Baked beans, Cheese M or Tuna E/MUS/F Peas or Salad	Jacket Potato & Choice of Filling Baked beans, Cheese M or Tuna E/MUS/F Green Beans or Salad	Jacket Potato & Choice of Filling Baked beans, Cheese M or Tuna E/MUS/F Carrots, Cabbage, or Salad	Jacket Potato & Choice of Filling Baked beans, Cheese M or Tuna E/MUS/F Mixed Vegetables or Salad	Jacket Potato & Choice of Filling Baked beans, Cheese M or Tuna E/MUS/F Sweetcorn or Salad
Served with	Potato Wedges, Peas, or Salad	Toast G/S , Mushrooms, Baked beans, Green Beans or Salad	Roast Potatoes, Carrots, Cabbage, or Salad & Gravy	Pasta G , Crusty Bread G May Contain SS Mixed Vegetables or Salad	Golden Fries, Sweetcorn or Salad & Tomato Sauce
Pudding	Banana Flapjack G	Chocolate & Blueberry Cake G/E	Rice Pudding M & Fruit	Mousse M & Fruit	Custard Biscuit G
Available Daily	Bread G/S , Salad Fresh Fruit, Yoghurt M Water/ Milk M				
	ALL MENU SUBJECT TO AVAILABILITY				

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The kitchen does not use nuts, nut oils or nut containing products in the preparation of food; but we cannot guarantee that the source of manufacture is completely nut free.

If your child has an allergy, please contact the school office via admin@newportprimary.devon.sch.uk

Payment - £2.60 per meal: For year 3-6 and in the Nursery for dinners are made in advance, through My child at school. You will get automatic reminders when your dinner balance goes below £0.00. All dinner payments to be made electronically.

- Our school dinners are made fresh on-site using ingredients from John Patt's greengrocers, our fresh meat is supplied by Phillip Dennis butchers and ambient and other food by Savona.
- We use a mixture of wholegrain and white pasta and rice. Our biscuits, cakes and pizza bases contain a mix of wholemeal and white flour. No added salt is used in any of our recipes we use herbs, spices, garlic & Vegetables to add flavour. Our bread where possible is 50/50.
- Baked beans are low salt and sugar.
- We use Mature cheddar in our recipes so use less but keep the flavour.
- The menu is on the school website, please also keep an eye on your weekly newsletters for any updates or menu changes for the week ahead.

During morning register, children are able to choose the option they would like for lunch so if you have a preference on what meal you would like your child to receive we would encourage you to talk this through with your child before school.

Free School Meals

All children in Reception, Year 1 and 2 are entitled to free school meals – this is known as **Universal Free School Meals**. If your child is in Reception, Year 1 or 2 and you receive one of the qualifying benefits below, you should still make an application as this gives the school additional pupil premium funding to support learning.

If you receive any of the following, you are entitled to free school meals: (please make an application even if you do not take up the offer of the free school meal.)

Please note, that during the February half term holiday, those that qualify for Free School Meals will also benefit from a Free School Meal Voucher.

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods).
- Income Support (IS).
- Income-based Jobseekers Allowance (IBJSA).

- Income-related Employment and Support Allowance (IRESA).
- The guaranteed element of State Pension Credit.
- Support under Part VI of the Immigration and Asylum Act 1999.
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income as assessed by Her Majesty's Revenue and Customs, that does not exceed £16,190).
- Working Tax Credit run-on (the payment you get for a further 4 weeks after you stop qualifying for Working Tax Credit).

How to apply:

Apply through the [Devon Citizens Portal](#). This is the quickest and easiest way to apply and will result in you getting an instant decision. Alternatively, call the Education Helpline on: 0345 155 1019