

Week 1	DATES: 2/9 23/9 14/10 11/11 2/12 6/1 27/1				
	Allergen Groups: C- Celery, G- Cereals Contain Gluten, CRUS- Crustaceans, E- Eggs, F- Fish, L- Lupin, M- Milk, MOL- Molluscs, MUS – Mustard, N-Nuts, P- Peanuts, SS- Sesame Seeds, S- Soya, SD- Sulphites				
	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cauli Mac n Cheese (Pasta & Cauliflower in a creamy cheese sauce) M/G/MUS	Ham & Cheese Quiche G/E/M/MUS	Roast Beef	Breaded Chicken Goujons G May Contain MUS/M/S/C	Jumbo Breaded Cod Fishfinger F/G
Vegetarian	Roast Vegetables, Bean & Tomato Pasta G	Cheese, Onion & Mixed Bean Quiche G/E/M/MUS	Quorn Roast E/M	Chicken Free Nuggets S/G May Contain NUTS.	Breadcrumb Coated Vegetable Fingers G
Served with	Crusty Bread G, May Contain SS Mixed Vegetables	Creamy Mashed Potato, Baked Beans or Green Beans	Roast Potatoes, Carrots, Broccoli & Gravy	Rice, Sweet and Sour Sauce (Optional) & Peas	Golden Fries, Sweetcorn & Tomato Sauce
Jacket Potato Served with	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad
Sandwich Served with	Ham & Tomato Panini G May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Tuna Roll G/E/F/MUS May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Ham Sandwich G/S Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Cheese Baguette G/M May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Egg Roll G/E/MUS May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge
Pudding	Iced Sponge G/E	Fruit Flapjack G & Custard M	Rice Pudding M	Mousse M & Fruit	Chocolate Cookie G/E
Available Daily	Bread G/S, Salad Fresh Fruit, Yoghurt M Water/ Milk M				
	ALL MENU SUBJECT TO AVAILABILITY				

Week 2	DATES: 9/9 30/9 21/10 18/11 9/12 13/1 3/2				
Allergen Groups: C- Celery, G- Cereals Contain Gluten, CRUS- Crustaceans, E- Eggs, F- Fish, L- Lupin, M- Milk, MOL- Molluscs, MUS – Mustard, N-Nuts, P- Peanuts, SS- Sesame Seeds, S- Soya, SD- Sulphites					
	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Tuna & Sweetcorn Pasta Bake F/G/M/MUS	Cheese, Ham & Tomato Wheels G/M	Roast Chicken & Stuffing G May Contain S	Sausage, Bacon & Egg E	Breaded Cod Bites F/G
Vegetarian	Pesto Pasta G/M	Cheese & Tomato Wheels G/M	Vegetarian Roast (Stuffing mix with onions, carrots, cheese, egg & herbs in puff pastry) S/E/G/M	Plant Based Vegan Sausage S/G May Contain NUTS, Plant Based Bacon S & Egg E	Noodle & Bean Wrap (Mix of noodles, beans, carrots, mushroom, peppers, onions & cheese in a wrap) M/G/E
Served with	Crusty Bread G May Contain SS, Cauliflower or Broccoli	Baby Potatoes & Peas	Roast Potatoes, Carrots & Gravy	Toast G, Baked Beans Mushrooms	Golden Fries, Sweetcorn & Tomato Sauce
Jacket Potato Served with	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad
Sandwich Served with	Cheese & Onion Panini G/M May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Tuna Wrap F/E/G/MUS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Ham Roll G May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Cheese Wrap G/M Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Egg Roll G/E/MUS May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge
Pudding	Frozen Yoghurt M & Fruit	Chocolate Cracknell M/G & Fruit	Caribbean cake G/E & Custard M	Pancake E/M/G & Fruit	Custard Biscuit G
Available Daily	Bread G/S, Salad Fresh Fruit, Yoghurt M Water/ Milk M				
ALL MENU SUBJECT TO AVAILABILITY					

Week 3	DATES: 16/9 7/10 4/11 25/11 16/12 20/1 10/2				
	Allergen Groups: C- Celery, G- Cereals Contain Gluten, CRUS- Crustaceans, E- Eggs, F- Fish, L- Lupin, M- Milk, MOL- Molluscs, MUS – Mustard, N-Nuts, P- Peanuts, SS- Sesame Seeds, S- Soya, SD- Sulphites				
	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Sausage Roll G/M	Pasta Beef Bolognaises (Minced beef, garlic, tomatoes, lentils, onions, garlic, herbs, Worcester sauce & gravy) G/F	Roast Gammon & Pineapple	Chicken Muffin Pizza on BBQ Sauce Base M/G May Contain SS	Breaded fish Fillet G/F
Vegetarian	Cheese & Onion Lattice Finger S/M/MUS/G May Contain NUT	Vegetable Bolognaise (Quorn mince, garlic, tomatoes, lentils, onions, garlic, herbs, vegetable bouillon & gravy) S/G	Cauliflower, Broccoli & Bean Bake M/G	Cheese & Tomato Muffin Pizza on Tomato Base M/G May Contain SS	Plant Based Fishfingers S/G
Served with	Baby Potatoes, Baked Beans or Green Beans	Pasta G , Crusty Bread G May Contain SS , Mixed Vegetables	Roast Potatoes, Carrots & Gravy	Cous Cous G May Contain MUS/S & Sweetcorn	Golden Fries, Peas & Tomato Sauce
Jacket Potato Served with	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad
Sandwich Served with	Tuna Panini G/E/F/MUS May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Ham Sandwich G/S Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Cheese Roll G/M May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Ham Baguette G May Contain SS Salad or Seasonal Vegetables. Sultanas, or Fruit wedge	Egg Sandwich MUS/E/G/S Salad or Seasonal Vegetables. Sultanas, or Fruit wedge
Pudding	Fruit Crumble G & Custard M	Shortbread G	Sticky Chocolate Cake G/E & Custard M	Ice Cream Roll E/S/M/G & Fruit	Honey Cookie G/E
Available Daily	Bread G/S , Salad Fresh Fruit, Yoghurt M Water/ Milk M				
	ALL MENU SUBJECT TO AVAILABILITY				

Allergen Groups: **C-** Celery, **G-** Cereals Contain Gluten, **CRUS-** Crustaceans, **E-** Eggs, **F-** Fish, **L-** Lupin, **M-** Milk, **MOL-** Molluscs, **MUS** – Mustard, **N-** Nuts, **P-** Peanuts, **SS-** Sesame Seeds, **S-** Soya, **SD-** Sulphites

The kitchen does not use nuts, nut oils or nut containing products in the preparation of food; but we cannot guarantee that the source of manufacture is completely nut free.

If your child has an allergy, please contact the school office via admin@newportprimary.devon.sch.uk

Payment - £2.50 per meal: For year 3-6 and in the Nursery for dinners are made in advance, through My child at school. You will get automatic reminders when your dinner balance goes below £0.00. All dinner payments to be made electronically.

- Our school dinners are made fresh on-site using ingredients from John Patt's greengrocers, our fresh meat is supplied by Phillip Dennis butchers and ambient and other food by Savona.
- We use a mixture of wholegrain and white pasta and rice. Our biscuits, cakes and pizza bases contain a mix of wholemeal and white flour. No added salt is used in any of our recipes we use herbs, spices, garlic & Vegetables to add flavour. Our bread where possible is 50/50.
- Baked beans are low salt and sugar.
- We use Mature cheddar in our recipes so use less but keep the flavour.
- The menu is on the school website, please also keep an eye on your weekly newsletters for any updates or menu changes for the week ahead.

During morning register, children are able to choose the option they would like for lunch so if you have a preference on what meal you would like your child to receive we would encourage you to talk this through with your child before school.

Free School Meals

All children in Reception, Year 1 and 2 are entitled to free school meals – this is known as **Universal Free School Meals**. If your child is in Reception, Year 1 or 2 and you receive one of the qualifying benefits below, you should still make an application as this gives the school additional pupil premium funding to support learning.

If you receive any of the following you are entitled to free school meals: (please make an application even if you do not take up the offer of the free school meal.)

Please note, that during the February half term holiday, those that qualify for Free School Meals will also benefit from a Free School Meal Voucher.

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods).
- Income Support (IS).

- Income-based Jobseekers Allowance (IBJSA).
- Income-related Employment and Support Allowance (IRESA).
- The guaranteed element of State Pension Credit.
- Support under Part VI of the Immigration and Asylum Act 1999.
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income as assessed by Her Majesty's Revenue and Customs, that does not exceed £16,190).
- Working Tax Credit run-on (the payment you get for a further 4 weeks after you stop qualifying for Working Tax Credit).

How to apply:

Apply through the [Devon Citizens Portal](#). This is the quickest and easiest way to apply and will result in you getting an instant decision. Alternatively, call the Education Helpline on: 0345 155 1019