

Week 1	DATES: 28/2 28/3 9/5 13/6 11/7				
	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Mexican Bean Chilli (Minced beef with onions, peppers, Beans, chilli powder & beef stock) S	Gammon & Egg E	Roast Chicken & Stuffing G	Homemade Beef Burger Cheese (Optional) M In a Bun G/E/M/S/F	Salmon Fishcakes coated in Breadcrumbs F/G
Vegetarian	Cheese & Tomato Pizza Muffin May contain SS G/S/M	Crispy Topped Vegetarian Pie (Mix of vegetables, mixed beans, herbs & tomatoes topped with sliced potatoes and cheese) M	Vegetable Moussaka (Chargrilled vegetables, Quorn mince, chopped tomatoes & herbs topped with a cheese sauce) E/G/M	Veggie Burger in a Bun G	Mozzarella Sticks E/M/G
Served with	Rice & Seasonal Vegetables	Creamy Mashed Potato & Seasonal Vegetables	Roast Potatoes, Seasonal Vegetables & Gravy	Corn on the Cob & Coleslaw MUS/E	Golden Fries, Seasonal Vegetables & Tomato Sauce
Jacket Potato Served with	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad
Sandwich Served with	Ham Sandwich G/S Salad or Seasonal Vegetables. Sultanas, apricots SD, or Fruit wedge	Tuna Panini May contain SS G/E/F/MUS Salad or Seasonal Vegetables. Sultanas, apricots SD, or Fruit wedge	Cheese Wrap G/M Salad or Seasonal Vegetables. Sultanas, apricots SD, or Fruit wedge	Chicken & Pesto Panini May contain SS G/M Salad or Seasonal Vegetables. Sultanas, apricots SD, or Fruit wedge	Egg Roll G/E/MUS Salad or Seasonal Vegetables. Sultanas, apricots SD, or Fruit wedge
Pudding	Peaches & Custard M	Chocolate Cracknell M/G & Fruit	Rice Pudding M & Fruit	Lemon Drizzle Sponge E/G	Custard Biscuit M/G
Available Daily	Bread G/S, Salad Fresh Fruit, Yoghurt M Water/ Milk M				
ALL MENU SUBJECT TO AVAILABILITY					

Week2	DATES: 7/3 4/4 16/5 20/6 18/7				
	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Mild Creamy Chicken Curry (Diced chicken, onions, cauliflower, sultanas, puree & curry powder) & Rice	Pork Sausages Creamy Mashed Potato	Roast Turkey	Beef Lasagne (Minced beef, lentils, beef gravy, onions & herb layered with a white sauce & lasagne sheet. Topped with cheese) G/M/F	Jumbo Breaded Cod Fishfinger F/G
Vegetarian	Macaroni Cheese M/G/MUS & Crusty Bread May contain SS G	Quorn Burrito (Quorn pieces, peppers, cheese, tomatoes, mixed beans & rice layered in Tortilla Wraps) G/E/M	Vegetarian Roast (Stuffing mix with onions, carrots, cheese & herbs in Puff Pastry) S/E/G/M	Sweet Potato & Lentil Lasagne (Garlic, herbs, lentils, chopped tomatoes, mushrooms & mixed beans layered between sweet potato and topped with cheese) G/M	Vegetable Sausage G
Served with	Seasonal Vegetables	Seasonal Vegetables	Roast Potatoes, Seasonal Vegetables & Gravy	Seasonal Vegetables & Garlic Bread May contain SS G	Golden Fries, Seasonal Vegetables & Tomato Sauce
Jacket Potato Served with	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad
Sandwich Served with	Ham Roll May contain SS G Salad or Seasonal Vegetables. Sultanas, apricots SD, or Fruit wedge	Cheese Wrap G/M Salad or Seasonal Vegetables. Sultanas, apricots SD, or Fruit wedge	Tuna Sandwich S/G/E/MUS/F Salad or Seasonal Vegetables. Sultanas, apricots SD, or Fruit wedge	Cheese & Tomato Panini May contain SS G/M Salad or Seasonal Vegetables. Sultanas, apricots SD, or Fruit wedge	Egg Sandwich MUS/E/G/S Salad or Seasonal Vegetables. Sultanas, apricots SD, or Fruit wedge
Pudding	Fruit Meringue E	Iced Sponge E/G	Chocolate Orange Shortbread G & Custard M	Choc Ice May contain NUTS/G S/M & Fruit	Butterscotch Biscuit G
Available Daily	Bread G/S, Salad Fresh Fruit, Yoghurt M Water/ Milk M				
	ALL MENU SUBJECT TO AVAILABILITY				

Week3	DATES: 14/3 25/4 23/5 27/6 25/7				
	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Homemade Pork Meatballs in a Tomato Sauce G/E/S	Puff Pastry Chicken & Gravy Pie May contain M G Baby potatoes	Roast Beef	Ham, Cheese & Tomato Pizza M/G	Breaded Cod Bites G/F
Vegetarian	Vegetable Bolognese S	Vegetable & Halloumi Bake (Potatoes, onion, chickpeas, peppers, broccoli, cauliflower, tomatoes & garlic, baked & topped with grilled halloumi) M	Egg & Vegetable Slice (Mix of baked vegetables, Tomatoes, eggs & stuffing) E/G	Quorn Dippers E/M/G	Cheese & Onion flaky pastry Slice May contain NUTS G M/S/M/G
Served with	Spaghetti G & Seasonal Vegetables	Seasonal Vegetables	Roast Potatoes, Seasonal Vegetables & Gravy	Potato Wedges G & Seasonal Vegetables	Golden Fries, Seasonal Vegetables & Tomato Sauce
Jacket Potato Served with	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad
Sandwich Served with	Bacon, lettuce & tomato Roll May contain SS G Salad or Seasonal Vegetables. Sultanas, apricots SD , or Fruit wedge	Cheese Panini May contain SS G/M Salad or Seasonal Vegetables. Sultanas, apricots SD , or Fruit wedge	Ham Sandwich G/S Salad or Seasonal Vegetables. Sultanas, apricots SD , or Fruit wedge	Tuna Wrap F/E/G/MUS Salad or Seasonal Vegetables. Sultanas, apricots SD , or Fruit wedge	Egg Roll May contain SS G/E/MUS Salad or Seasonal Vegetables. Sultanas, apricots SD , or Fruit wedge
Pudding	Scone with Jam & Cream M/E/G	Apple Flapjack G & Custards M	Jelly not suitable for vegetarians & Ice Cream M	Pancake E/G/M , Sauce M & Fruit	Crunchy Biscuit G
Available Daily	Bread G/S , Salad Fresh Fruit, Yoghurt M Water/ Milk M				
ALL MENU SUBJECT TO AVAILABILITY					

Week4	DATES: 21/3 2/5 6/6 4/7				
	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken Burrito Layer (Chicken, peppers, tomatoes, cheese & Rice layered in Tortilla Wraps) G/M	Pasta Beef Bolognaises G/F	Roast Pork	Homemade Chicken Goujons coated in a bread & parmesan cheese G/M/E/S	Picnic style Haddock Goujons in a crispy breadcrumb F/G
Vegetarian	Beans on Toast Cheese (optional) G/S (M)	Pesto Pasta G/M	Cauliflower & Broccoli Bake M/MUS/G	Vegetarian Chilli (Quorn mince with onions, peppers, Beans, chopped tomatoes chilli powder & mushrooms) S	Noodle & Bean Wrap (Mix of noodles, carrots, mushroom, peppers, onions & cheese in a wrap) M/G
Served with	Seasonal Vegetables	Seasonal Vegetables & Crusty Bread May contain SS G	Roast Potatoes, Seasonal Vegetables & Gravy	½ Jacket Potato & Baked Beans or Seasonal Vegetables	Golden Fries, Seasonal Vegetables & Tomato Sauce
Jacket Potato Served with	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad	Baked beans, Cheese M or Tuna E/MUS/F Seasonal Vegetables or Salad
Sandwich Served with	Ham & Cheese Panini May contain SS G/M Salad or Seasonal Vegetables. Sultanas, apricots SD, or Fruit wedge	Tuna Sandwich G/S/E/F/MUS Salad or Seasonal Vegetables. Sultanas, apricots SD, or Fruit wedge	Cheese Roll May contain SS G/M Salad or Seasonal Vegetables. Sultanas, apricots SD, or Fruit wedge	Tuna Panini May contain SS G/E/F/MUS Salad or Seasonal Vegetables. Sultanas, apricots SD, or Fruit wedge	Egg Sandwich G/E/MUS/S Salad or Seasonal Vegetables. Sultanas, apricots SD, or Fruit wedge
Pudding	Chocolate Raspberry Cake E/G	Organic Fruit Lolly	Frozen Yoghurt M & Fruit Platter	Banana Cake G/E & Custard M	Ginger Cookie G/E
Available Daily	Bread G/S, Salad Fresh Fruit, Yoghurt M Water/ Milk M				
	ALL MENU SUBJECT TO AVAILABILITY				

Allergen Groups: **C**- Celery, **G**- Cereals Contain Gluten, **CRUS**- Crustaceans, **E**- Eggs, **F**- Fish, **L**- Lupin, **M**- Milk, **MOL**- Molluscs, **MUS** – Mustard, **N**- Nuts, **P**- Peanuts, **SS**- Sesame Seeds, **S**- Soya, **SD**- Sulphites

The kitchen does not use nuts, nut oils or nut containing products in the preparation of food; but we can not guarantee that the source of manufacture is completely nut free.

If your child has an allergy, please contact the school office via admin@newportprimary.devon.sch.uk

Payment - £2.40 per meal: For year 3-6 and in the Nursery for dinners are made in advance, through My child at school. You will get automatic reminders when your dinner balance goes below £0.00. All dinner payments to be made electronically.

- Our school dinners are made fresh on-site using ingredients from John Patt's greengrocers, our fresh meat is supplied by Phillip Dennis butchers and ambient and other food by Savona.
- We use a mixture of wholegrain and white pasta and rice. Our biscuits, cakes and pizza bases contain a mix of wholemeal and white flour. No added salt is used in any of our recipes we use herbs, spices, garlic & Vegetables to add flavour. Our bread where possible is 50/50.
- Baked beans are low salt and sugar
- We use Mature cheddar in our recipes so use less but keep the flavour
- The menu is on the school website, please also keep an eye on your weekly newsletters for any updates or menu changes for the week ahead.

During morning register, children are able to choose the option they would like for lunch so if you have a preference on what meal you would like your child to receive we would encourage you to talk this through with your child before school.

Free School Meals

All children in Reception, Year 1 and 2 are entitled to free school meals – this is known as **Universal Free School Meals**. If your child is in Reception, Year 1 or 2 and you receive one of the qualifying benefits below, you should still make an application as this gives the school additional pupil premium funding to support learning.

If you receive any of the following you are entitled to free school meals: (please make an application even if you do not take up the offer of the free school meal.)

Please note, that during the February half term holiday, those that qualify for Free School Meals will also benefit from a Free School Meal Voucher.

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods).
- Income Support (IS).
- Income-based Jobseekers Allowance (IBJSA).
- Income-related Employment and Support Allowance (IRESA).

- The guaranteed element of State Pension Credit.
- Support under Part VI of the Immigration and Asylum Act 1999.
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income as assessed by Her Majesty's Revenue and Customs, that does not exceed £16,190).
- Working Tax Credit run-on (the payment you get for a further 4 weeks after you stop qualifying for Working Tax Credit).

How to apply:

Apply through the [Devon Citizens Portal](#). This is the quickest and easiest way to apply and will result in you getting an instant decision.

Alternatively, call the Education Helpline on: 0345 155 1019