LUNCH MENU – WEEK 1

W/B 9th Nov – 30th Nov

Available Every Day - Wholemeal Bread, Salad Bar, Fruit, Low Fat Yoghurts, Milk and Water .
All Special Diets catered for please speak to your schools Kitchen Manager for advice.

Harbour Schools Partnership
A guiding light for education

Allergen Groups: **C**- Celery, **G**- Cereals Contain Gluten, **CRUS**- Crustaceans, **E**- Eggs, **F**- Fish, **L**- Lupin, **M**- Milk, **MOL**- Molluscs, **MUS** – Mustard, **N**-Nuts, **P**- Peanuts, **SS**- Sesame Seeds, **S**- Soya, **SD**- Sulphites

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza G/M May Contain E	Beef Lasagne G/M/MUS May Contain E/S & Garlic Bread G May Contain M	Chicken & Stuffing G	(Cheese M) Burger in Bun G May Contain SS	Jumbo Breaded Fish Finger F/G
Veggie Sausage	Curried Noodles with Quorn Pieces G/E May Contain MUS	Feta & Potato Puff Tart G/M	Vegetable G (Cheese M)Burger in a Bun G May Contain SS	Veggie Nuggets G
Jacket Potato with Baked Beans, Cheese M or Tuna Mayo F/E	Jacket Potato with Baked Beans, Cheese M or Tuna Mayo F/E	Jacket Potato with Baked Beans, Cheese M or Tuna Mayo F/E	Jacket Potato with Baked Beans, Cheese M or Tuna Mayo F/E	Jacket Potato with Baked Beans, Cheese M or Tuna Mayo F/E
Egg Mayo Sandwich G/E/S	Tuna Baguette E/G/F May Contain SS & Animal Crisps	Cheese Wrap M/G	Ham & Cheese Panini M/G May Contain SS	Ham Sandwich G/S
Pasta G, Corn on the Cob	Mixed Vegetables	Roast Potatoes May Contain SD, Fresh Seasonal Vegetables & Gravy	Coleslaw E & Sweetcorn	Chips or Pasta G, Peas, Salad & Tomato Ketchup May Contain SD
Mousse M & Fruit	Waffles G/E/S May Contain M with Summer Berries & Syrup	Ice Cream M	Lemon Drizzle Cake G/E May Contain S	Fruity Shortbread G May Contain S

LUNCH MENU – WEEK 2

W/B 16th Nov – 7th Dec



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A guiding light for education

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Cheese Pasta Bake G/M	Chicken Tagliatelle G/M/MUS May Contain S/E	Toad in the Hole (Butchers Sausage) & (Yorkshire Pudding G/M/E)	Butchers Pork Meatballs in Tom Sauce G served in a Finger Roll G May Contain SS	Chicken Goujons G May Contain M/E/SS/S/C
Veggie Bolognaise G/E	Cheese Pizza Baguette M/G May Contain SS & Cous Cous G	Veggie Toad in the Hole (Veggie Sausage) & (Yorkshire Pudding G/M/E)	Cheese Wheel G/M/MUS	Noodle Wrap M/G/E
Jacket Potato with Baked Beans, Cheese M or Tuna Mayo F/E	Jacket Potato with Baked Beans, Cheese M or Tuna Mayo F/E	Jacket Potato with Baked Beans, Cheese M or Tuna Mayo F/E	Jacket Potato with Baked Beans, Cheese M or Tuna Mayo F/E	Jacket Potato withBaked Beans, Cheese M or Tuna Mayo F/E
Egg Mayo Sandwich G/E/S & Animal Crisps	Tuna Sandwich F/G/E/S & Animal Crisps	Cheese Bap G/M May Contain SS	Fish Finger Bap F/G May Contain SS	Ham Sandwich G/S
Crusty Bread G May Contain SS , Peas or Salad	Corn on the Cob or Salad	Roast Potatoes May Contain SD , Fresh Seasonal Vegetables & Gravy	Potato Wedges & Mixed Vegetables	Chips or Pasta G, Sweetcorn or Salad & Tomato Ketchup May Contain SD
Fruit Iced Smoothie	Fresh Fruit Platter	Iced Sponge G/E May Contain S	Chocolate & Date Krispie Cake G	Cookie G/E May Contain S

LUNCH MENU – WEEK 3

W/B 2nd Nov – 23rd Nov – 14th Dec

Allergen Groups: **C**- Celery, **G**- Cereals Contain Gluten, **CRUS**- Crustaceans, **E**- Eggs, **F**- Fish, **L**- Lupin, **M**- Milk, **MOL**- Molluscs, **MUS** – Mustard, **N**-Nuts, **P**- Peanuts, **SS**- Sesame Seeds, **S**- Soya, **SD**- Sulphites

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Macaroni Cheese G/M/MUS & Garlic Bread G May Contain M	Chicken & Butternut Squash Curry	Roast Gammon & Pineapple	Salmon & Broccoli Pasta Bake F/G/M	Butchers Sausages
Sweet Chilli Halloumi Wrap M/G/E	Veggie Nuggets G	Veggie Roast S/E/G/M	Pesto Pasta G/M/SD	Vegan BBQ Strips G
Jacket Potato with Baked Beans, Cheese M or Tuna Mayo F/E	Jacket Potato with Baked Beans, Cheese M or Tuna Mayo F/E	Jacket Potato with Baked Beans, Cheese M or Tuna Mayo F/E	Jacket Potato with Baked Beans, Cheese M or Tuna Mayo F/E	Jacket Potato with Baked Beans, Cheese M or Tuna Mayo F/E
Egg Mayo Sandwich G/E/S & Animal Crisps	Cheese Pizza Muffin M/G/S	Cheese Panini M/G May Contain ss	Vegan Sausage Roll G & Pasta G	Tuna Mayo Wrap F/G/E
Mixed Vegetables	Rice & Peas	Roast Potatoes May Contain SD, Seasonal Vegetables & Gravy	Corn on Cob	Chips or Pasta G, Peas or Salad & Tomato Ketchup May Contain SD
Fruit Crunch Pot G/M	Raspberry Flapjack G	Ice Cream M	Vegan Brownie G May Contain S	Cookie G/E May Contain S

Allergen Groups: **C**- Celery, **G-** Cereals Contain Gluten, **CRUS**- Crustaceans**, E**- Eggs, **F-** Fish, **L**- Lupin, **M**- Milk, **MOL**- Molluscs, **MUS** – Mustard, **N** Nuts, **P-** Peanuts, **SS**- Sesame Seeds, **S-** Soya, **SD**- Sulphites

The kitchen does not use nuts, nut oils or nut containing products in the preparation of food; but we cannot guarantee that the source of manufacture is completely nut free.

If your child has an allergy, please contact the school office via Newport@thsp.org.uk

Payment - £2.60 per meal: For year 3-6 and in the Nursery for dinners are made in advance, through My child at school. You will get automatic reminders when your dinner balance goes below £0.00. All dinner payments to be made electronically.

- Our school dinners are made fresh on site.
- The menu is on the school website, please also keep an eye on your weekly newsletters for any updates or menu changes for the week ahead.

During morning register, children are able to choose the option they would like for lunch so if you have a preference on what meal you would like your child to receive we would encourage you to talk this through with your child before school.

Free School Meals

All children in Reception, Year 1 and 2 are entitled to free school meals – this is known as Universal Free School Meals. If your child is in Reception, Year 1 or 2 and you receive one of the qualifying benefits below, you should still make an application as this gives the school additional pupil premium funding to support learning. If you receive any of the following, you are entitled to free school meals: (please make an application even if you do not take up the offer of the free school meal.) Please note, that during the February half term holiday, those that qualify for Free School Meals will also benefit from a Free School Meal Voucher.

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods).
- Income Support (IS).
- Income-based Jobseekers Allowance (IBJSA).

- Income-related Employment and Support Allowance (IRESA).
- The guaranteed element of State Pension Credit.
- Support under Part VI of the Immigration and Asylum Act 1999.
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income as assessed by Her Majesty's Revenue and Customs, that does not exceed £16,190).
- Working Tax Credit run-on (the payment you get for a further 4 weeks after you stop qualifying for Working Tax Credit).

How to apply:

Apply through the Devon Citizens Portal. This is the quickest and easiest way to apply and will result in you getting an instant decision. Alternatively, call the Education Helpline on: 0345 155 1019